



# The Chiropractic Doctors' Association of Hong Kong (Ltd.)

## 香港執業脊醫協會

GPO Box 2188 Hong Kong TEL: (852) 8108 5688 EMAIL: [info@cda.org.hk](mailto:info@cda.org.hk) WEBSITE: <http://www.cda.org.hk/>

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Dear Members of the Hong Kong Healthcare Commission,

As the largest professional chiropractic association, I am writing to propose the integration of chiropractic care into Hong Kong's primary healthcare system. Our healthcare system is currently shifting towards a preventive and primary care approach to address the complex demands of our aging population. Chiropractic professionals are uniquely positioned to contribute to this prevention-focused strategy.

Incorporating chiropractors into public health programs can significantly improve population health in Hong Kong and strengthen primary care. By identifying musculoskeletal problems early, chiropractic care can effectively reduce risks, prevent complications, and promote healthy lifestyles. We propose the inclusion of chiropractors in district health centres and other initiatives, offering safer and more cost-effective options for treating functional issues and chronic pain. This integration of chiropractic care will not only benefit our citizens but also alleviate the burden on our healthcare system.

Internationally, chiropractors play a vital role in prevention-focused healthcare systems, such as in North America and Europe. In these systems, chiropractic care has proven to reduce disability and healthcare costs while generating high patient satisfaction. By learning from these successful models, Hong Kong can integrate chiropractors into its healthcare system and provide affordable, sustainable musculoskeletal and wellness-focused care.

In our quest to create a sustainable healthcare system that meets Hong Kong's long-term healthcare requirements, it is crucial to involve chiropractors in policymaking efforts. The Chiropractic Doctors Association of Hong Kong is committed to working alongside the Hong Kong Healthcare Commission and other stakeholders to ensure the successful integration of chiropractic care into our healthcare system.

We kindly request the Hong Kong Healthcare Commission's support and collaboration in promoting the inclusion of chiropractic care in our primary healthcare system. Together, we can make a positive impact on the health and well-being of our community. Thank you for your consideration. We look forward to further discussing this proposal and exploring how we can work together to enhance Hong Kong's



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healthcare system. Our detail proposal are peer-reviewed at published at  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10064816/>

Sincerely,

Dr. Eric Chun-Pu Chu, BSc, DC, PhD, FRCC (ortho),  
Chairman, Chiropractic Doctors Association of Hong Kong